WEDNESDAY VIRTUAL MEETING

MIRACLES WITHIN

Meets via Zoom on Wednesdays, 6:30 p.m. **Meeting ID:** 105526408 & **Password:** 050754

OR, click "Join Now" on the home page of miracleswithin.org.

Chair & Host Signups, Plus Other Meeting Resources: https://www.miracleswithin.org/meeting-resources

12&12, p. 99; and 9TH Step Promises, BB, pp. 83-84). Do readings from the literature, or link that can be copied in the Chat: https://www.miracleswithin.org/meeting-resources

My name is ______ and I am an alcoholic.

Welcome to the MIRACLES WITHIN Women's Group, an open meeting of Alcoholics Anonymous. Miracles Within is a safe place for women to be accepted where they are and to grow as sober women through studying spiritual literature and having an opportunity to share their hearts.

ATTN, CHAIRPERSON: Assign readings (Twelve Steps ONLY, BB, pp. 59-60, NOT full How It Works; 11th Step Prayer,

On Wednesdays, Miracles Within offers a virtual Open Discussion meeting that begins with 5 minutes of silent meditation. The group meets in person Tuesdays and Thursdays. Most Tuesdays, we study the 12 Steps and spiritual principles of A.A. in a Step-of-the-Month format. The last Tuesday of the month is a speaker meeting and celebration of sobriety birthdays. On Thursdays, an Open Discussion meeting begins with 5 minutes of silent meditation. At all meetings, we use spiritual literature to be chosen by the discussion leader.

To chair or host an online meeting, add your name to upcoming calendar dates in Meeting Resources at miracleswithin.org, our group website. Also, please review chair and host guidelines. We will be happy to answer any questions. If you do not have a logon to the website, go there to sign up. Miracleswithin.org is our communications hub, where you can find in-person and virtual meeting details, contacts, Venmo, information on AA events and social activities, and other resources

"We are glad you are joining us tonight. Along with virtual meetings, we encourage you to include in-person meetings as part of your AA program."

It is up to you whether your camera is turned on. Our 12th Tradition reminds us that anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Please doublecheck that your microphone is muted. Let's open with a moment of silence followed by the "Serenity Prayer."

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

Here is the A.A. Preamble:

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics achieve sobriety.

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Is there anyone here at their very first AA meeting ever, or in their first 30 days of sobriety?

[ATTN, CHAIRPERSON: If there is a newcomer, ask discussion leader to make it a 1st Step meeting. Ask the newcomer for their first name – if they are willing to provide it – and welcome them.]

Is there anyone here at this particular meeting for the first time?

[ATTN, CHAIRPERSON: Ask the newcomer to give their first name – if they are willing to provide it – and welcome them to the group.]

For those who are new, please stay and talk with us after the meeting.

We now will have 5 minutes of silent meditation. This will not be guided meditation. It is an opportunity for you to relax, find your peace, and prepare yourself for the meeting.

[ATTN, CHAIRPERSON: Allow 5 minutes and then continue.]

We will end our meditation period at this time, and I have asked _____ to read the 11th Step Prayer as it appears in AA's "Twelve Steps and Twelve Traditions."

It is now time for our discussion period. After the discussion leader finishes speaking and opens the meeting to the group, please limit individual sharing to 3 to 5 minutes to allow everyone an opportunity to share.

[ATTN, CHAIRPERSON: Introduce discussion leader or topic.]

Open for sharing.

[ATTN, CHAIRPERSON: End at 7:25] Does anyone have a burning desire? A burning desire is that if you do not share, you may drink, use or harm yourself or someone else.

Thank you, everyone, for a great meeting!

[ATTN, CHAIRPERSON: You may have asked someone to "give out the chips" or you can acknowledge milestones as the chair.] We would like to acknowledge AA milestones.

First, we offer the white chip.

Silver chip for 30 days.

Bronze for 60 days.

Red for 90 days.

Yellow for 6 months.

Green for nine months.

Blue for Years or Multiples Thereof....

And we offer the white chip one more time...

Thank God and your sponsor for the chips you hold.

In keeping with the 7th Tradition, we are self-supporting through our own contributions. If you would like to donate, you may contribute via Venmo by going to miracleswithin.org and clicking "Donate Now".

Your money supports AA Central Office, Georgia State Service Assembly, and the General Service Office in New York, plus helps pay rent and buy supplies.

The MIRACLES WITHIN Women's Group strongly encourages sponsorship. If you are willing to be a sponsor or need a sponsor, please stay and talk with us after the meeting.

If you would like to make this your Home Group, go to miracleswithin.org and sign up. If you already have a logon for the website, simply edit your user profile. To mark your sobriety date and receive a medallion, enter that information at signup or edit your website user profile. If you have questions, please see one of us after the meeting.

Are there any group-related or AA-related announcements?

I have asked to read the 9th Step Promises.

For those who would like to join us, let's say "The Lord's Prayer."

The Lord's Prayer

Our Father, who art in heaven,

hallowed be thy name:

thy kingdom come;

thy will be done;

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation;

but deliver us from evil.

For thine is the kingdom.

the power and the glory,

forever and ever.

Amen.